

# Rara Trek

## Description

Rara Trek is a beautiful and thrilling adventure through the Rara region of Nepal. Nestled in the heart of the country, Rara is home to the largest lake in Nepal and an array of stunning natural beauty. On this trek, you'll experience the diverse landscape of the region, from lush forests and alpine meadows to snow-capped peaks and crystal clear waters. It's the perfect escape for nature lovers and outdoor enthusiasts looking to get off the beaten path and discover the hidden gem of Nepal. Join us on this unforgettable journey through one of the most breathtaking regions of the country

## Highlights

- Rara Lake: The highlight of the trek is the visit to Rara Lake, the largest lake in Nepal. Located at an altitude of 2,620 meters, the lake is surrounded by forests of fir, spruce, and juniper. It's a great spot for birdwatching, as the lake is home to many species of migratory birds.
- Scenic beauty: The Rara region is home to a variety of landscapes, including forests, alpine meadows, snow-capped peaks, and crystal clear waters. You'll get to enjoy stunning views of the surrounding mountains and valleys as you hike through the region.
- Cultural experiences: The Rara region is home to several ethnic groups, including the Khas, Chhetri, and Thakuri. You'll have the opportunity to learn about the local culture and traditions as you interact with the friendly locals.
- Off the beaten path: Rara Trek is less crowded compared to other popular treks in Nepal, making it an ideal choice for those looking to escape the crowds. Variety of activities: In addition to hiking, you can also enjoy activities such as fishing, boating, and birdwatching during the trek.

## Itinerary

Days	Description	Altitude	Hours
01	Arrival in Kathmandu	1,380 meters	
02	Drive from Kathmandu to Jumla	2,524 meters	11-12 hours
03	Trek from Jumla to Chautha	2,690 meters	6-7 hours
04	Trek from Chautha to Sinja	2,470 meters	7-8 hours
05	Trek from Sinja to Rara Lake	2,990 meters	6-7 hours
06	Acclimatization day at Rara Lake		
07	Trek from Rara Lake to Pina	2,620 meters	6-7 hours
08	Trek from Pina to Jumla	2,470 meters	6-7 hours
09	Drive from Jumla to Kathmandu	2,524 meters	11-12 hours
10	Departure from Kathmandu		

## Detailed Itinerary